

Aggressive

Happiness

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## Introduction

Some don't think affirmations work. I say,  
why not put in consistent action and use  
affirmations.

The results will be inevitable.

# Aggressive Happiness

1

I aggressively attract more happiness into  
my life.

I aggressively attract more happiness into  
my life.

I aggressively attract more happiness into  
my life.

Happiness is addicted to my life.

Happiness is addicted to my life.

Happiness is addicted to my life.

3

I have an abundance of joy available to me.

I have an abundance of joy available to me.

I have an abundance of joy available to me.

I am always happy. I am never without joy.

I am always happy. I am never without joy.

I am always happy. I am never without joy.

I am never concerned about happiness.

I am never concerned about happiness.

I am never concerned about happiness.

I create more happiness for myself.

I create more happiness for myself.

I create more happiness for myself.

Joy f\*cking loves me.

Joy f\*cking loves me.

Joy f\*cking loves me.

Happiness always finds me and seeks me  
out ferociously.

Happiness always finds me and seeks me  
out ferociously.

Happiness always finds me and seeks me  
out ferociously.

My life is overflowing with joyous resources.

My life is overflowing with joyous resources.

My life is overflowing with joyous resources.

My relationship with myself is positive,  
friendly, and easygoing. Joy fills my universe.

My relationship with myself is positive,  
friendly, and easygoing. Joy fills my universe.

My relationship with myself is positive,  
friendly, and easygoing. Joy fills my universe.

People respect me and constantly seek me out.

People respect me and constantly seek me out.

People respect me and constantly seek me out.

12

Joyous opportunities discover me daily.

Joyous opportunities discover me daily.

Joyous opportunities discover me daily.

Joy is my lifelong servant.

Joy is my lifelong servant.

Joy is my lifelong servant.

I am flourishing and overwhelmed with  
joyous opportunities.

I am flourishing and overwhelmed with  
joyous opportunities.

I am flourishing and overwhelmed with  
joyous opportunities.

I attract happiness quickly, ardently, and consistently into my universe.

I attract happiness quickly, ardently, and consistently into my universe.

I attract happiness quickly, ardently, and consistently into my universe.

Joy is a tool I wield masterfully.

Joy is a tool I wield masterfully.

Joy is a tool I wield masterfully.

I am a master of happiness.

I am a master of happiness.

I am a master of happiness.

There is no such thing as a lack of gratitude  
in my life.

There is no such thing as a lack of gratitude  
in my life.

There is no such thing as a lack of gratitude  
in my life.

Joy is attracted to me in my sleep.

Joy is attracted to me in my sleep.

Joy is attracted to me in my sleep.

I am a 24/7 joy-making machine.

I am a 24/7 joy-making machine.

I am a 24/7 joy-making machine.

## Thank You For Reading

Thank you for reading this book.

Stay loved, blessed, lucky, favored, aware,  
joyous, enlightened, and committed to  
bettering yourself.